

2025/26

TENTATIVE CLASS SCHEDULE



	Monday		Tuesday		Wednesday		Thursday		Friday			Saturday		Sunday	
	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B		Studio A	Studio B	Studio A	Studio B
2:30											8:30			Choreo Setting	Workshop Series
														Choreo Setting	TBD
3:00											9:00	Pre Ballet 9:00-9:45	Creative Movement 9:00-9:45	Choreo Setting	
											9:30			Choreo Setting	
3:30			Pointe 3:30-4:00		Pointe 3:45-4:15						10:00	Pre Tap/Jazz 9:45-10:30	Creative Acro 9:45-10:30	Choreo Setting	RAD TBD
4:00	Senior Ballet 4:00-5:00		Adv Jazz Tech 4:00-4:45	Vocals 4:15-5:00	Jumps and Turns 4:14-5:00		Senior 2 Contemporary 4:15-5:00		PreHab/ ReHab 4:00-4:45	Pointe 4:00-4:45	10:30			Choreo Setting	
4:30			Intermediate 1 Acro 4:45-5:30	Intermediate 2 Musical Theatre 5:00-5:45	Intermediate 1 Contemporary 5:00-5:45	Flexibility Training 5:00-5:45	Senior Acro 5:00-5:45	Junior Lyrical 4:45-5:30	Senior 2 Ballet Technique 4:45-5:45	Senior 1 Ballet Technique 4:45-5:45	11:00	Pre Acro 10:30-11:15		Choreo Setting	
5:00	Senior Pointe 5:00-5:45	Junior Hip Hop 5:00-5:45	Intermediate 1 Jazz 5:30-6:30	Jr Drama 5:45-6:30	Intermediate 1 Ballet 5:45-6:45	Inversions 5:45-6:30	Aerials 5:45-6:30	Junior Musical Theatre 5:30-6:15	Senior Stretch & Strength 5:45-6:45	Intermediate 2 Ballet Technique 5:45-6:45	11:30			Choreo Setting	
5:30	Senior Jazz 5:45-6:45	Junior Ballet 6:00-6:45	Intermediate 2 Jazz 6:30-7:30	Inter/Sr Drama 6:30-7:15	Intermediate 1 Pre Pointe 6:45-7:30	Intermediate 2 Ballet 6:30-7:30	Senior Hip Hop 6:30-7:15	Pre/Jr Hip Hop 6:15-7:00	Intermediate 1 Ballet Technique 6:45-7:45	Acro Progressions 6:45-7:30	12:00			Choreo Setting	BBoy TBD
6:00			Intermediate 1 Musical Theatre 7:30-8:15	Adult Hip Hop 7:30- 8:15	Tumbling 7:30-8:15	Intermediate Hip Hop 7:30-8:15	Senior Musical Theatre 7:15-8:00	Junior Acro 7:00-7:45	Inter Stretch & Strength 7:45-8:45	Junior Stretch & Strength 7:30-8:15	12:30			Choreo Setting	
6:30	Junior Jazz 6:45-7:30	Acro Conditioning 6:45-7:30	Intermediate 2 Contemporary 8:15- 9:00	Intermediate Tap 8:15-9:00	Adult Contemporary 8:15-9:00	Intermediate 2 Acro 8:15-9:00	Stunting 8:00-8:45	Adult Ballet 7:45-8:30			1:00			Choreo Setting	
7:00											1:30			Choreo Setting	
7:30	Senior 1 Contemporary 7:30-8:15	Junior Tap 7:30-8:15									2:00			Choreo Setting	
8:00	Jumps and Turns 8:15-9:00	Adult Stretch and Strength 8:15-9:00									2:30			Choreo Setting	
8:30														Choreo Setting	

Ages 3/4	Ages 7-9	Ages 10-11	Ages 14-15	Adult
Ages 5/6		Ages 12-13	Ages 16 +	
		Ages 10-13	Ages 14+	
		Ages 10 +		